



A Study of Depression among Male and Female Locomotor Disability Adolescents in relation to Adjustment

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Abstract

Aim: The aim of the study was to observe depression among male and female locomotor disability adolescents in relation to adjustment. **Materials and Methods:** The present study was conducted on 100 subjects out of which 50 males and 50 females from Ludhiana district. To assess the Depression among locomotor disability adolescents the Beck's Depression inventory BDI-II was used and to assess the adjustment among locomotor disability adolescents the adjustment inventory for school students by Sinha and Singh was used. **Results:** A significant relationship was found between Depression and all the three areas of adjustment i.e. emotional, social and educational adjustment alongwith overall adjustment among locomotor disability adolescents irrespective of their gender. **Conclusion:** It was concluded that a statistical significant negative relationship was found between depression and all the three areas of adjustment i.e. emotional, social and educational adjustment as well as overall adjustment among male and female locomotor disability adolescents.

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Introduction

Depression is emotional ups and downs. However, Depression is much more than just feeling down. It is a serious mental health conditions. Depression can be considered a disability under Australia law. Teenagers with disability, Attention-Deficit/Hyperactivity Disorder (ADHD) or chronic conditions are more likely to experience depression than their peers. This is because their condition can get in the way of everyday life, make them feel different and