



Clinical Attendance of Mothers of Malnourished Under-Five Children– A Strategic Factor for Health Education & Physical Activity Promotion

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Abstract

Aim: Clinical Attendance of Mothers of Malnourished Under-Five Children– A Strategic Factor for Health Education & Physical Activity Promotion. **Material and Method:** Reviewed Malnourished Under-Five Children Screening Questionnaire (R-MUCSQ) was the recognized research gadget used in the study. The variables were assessed and calculated using SPSS version 23, with an average mean and standard deviation of 29.5 ± 14.5 , and a one hundred percent reply rate, with participants of fifty (50), extending from 15 to 44 years using purposive sampling approach among mothers of malnourished under-five children within the Lyn's Maternity Clinician Bo with a study population of four thousand six hundred and twenty-two (4,622) according to clinic records from 2021 to 2022. **Results:** The results show that mothers of under five children – malnourished within the age range of twenty seven to thirty two in years were in majority. The results also show that mothers of under five children – malnourished within the marital status of married were in majority. The results further show that mothers of under five children – malnourished within the academic status regarding illiterates were in majority. The results also shows that mothers of under five children – malnourished within the mothers' job status of traders were in majority. **Conclusion:** Those mothers of under five children – malnourished within the age range of twenty seven to thirty two in years were in majority in all variables compared to the other indicators in the present study. However, it is therefore recommended that behavioral change communication, immunisation and other clinical attendances by the respondents of all age range be given due attention with respect to clinical attendance of mothers of under-five children for maximization of nourishment of under-five children by their mothers, caregivers and clinicians for an improved life of under-fives.