Journal of Exercise Science & Physiotherapy Vol.19 No.1 (January - June) 2023 I2OR Impact Factor = 7.505 ISSN: 0973-2020 (Print) ISSN: 2454-6089 (Online)



JOURNAL OF EXERCISE SCIENCE AND PHYSIOTHERAPY

Indexed, Peer Reviewed, Referred



A Study of Gender Difference of Attitude towards Dowry among Adults

Seema Bajaj and Rajinder Kumar

Abstract

Aim: The aim of the study was to observe gender difference of attitude towards dowry among adults. **Materials and Methods**: Sample of 200 subjects from which 100 males and 100 female adults were selected from district Jalandhar, Punjab. For data collection dowry attitude scale by R.R. Sharma was used. **Results**: There is a significant difference exists between mean scores of the variable of attitude towards dowry of male and female adults. **Conclusion**: It was concluded that there was a significant difference between mean scores of the variable of Attitude towards Dowry of male and female adults. This indicates that gender does play a significant role in Attitude towards Dowry among adults.

Seema Bajaj

Assistant Professor Master Tara Singh Memorial College for Women Ludhiana (Punjab), India. E-mail: seemabajaj74in@yahoo.co.in

Rajinder Kumar

47, Ekta Vihar,Phase II, Nr. Village Mithapur Jalandhar (Punjab) India **Key words: Gender Difference, Attitude, Adults**

DOI: 10.18376/jesp/2023/v19/i1/221098

Introduction

We are living in the 21st century, an era where men and women are now given equal right and liberties in the world. However, even after so much effort by many great social reformers like Raja Ram Mohan Roy in the early 19th century. We are still orthodox and tradition bound society where women have been socially, physically, economically and sexually exploited from time immemorial, sometimes in the name of religion, sometimes in the pretext of customs like dowry system. The main social problem of India is dowry. In Indian tradition the dowry system is very old. This system was introduced by Hinduism and has extended to all the minorities. Dowry commonly known as Dahej includes any gift that is not offered by the brides side asks for, directly or indirectly. The groom's side must compel the bride's side to fulfill their demands. The dowry system is thought to put great financial burden on the bride's family. It is very difficult to know who is responsible for this. In India as marriages of mostly children are arranged by their parents. It