

Clinical Attendance of Mothers of Malnourished Under-Five Children– A Strategic Factor for Physical Activity Screening

Samuel Joseph Bebeley, Mariama Eva Foday, Joseph James Mbavai & Esther Morlu

Abstract

Aim: The purpose of this study was to study Behavioural Regulation Motives of Pediatrics Physical Activity: A Non Communicable Disease Prevention and Control Strategy. **Material and Method:** Reviewed Malnourished Under-Five Children Screening Questionnaire (R-MUCSQ) was the recognised research gadget used in the study. The variables were assessed and calculated using SPSS version 23, with an average mean and standard deviation of 31.5 ± 12.5 , and a one hundred percent reply rate, with participants of forty-six (46), extending from 19-to-44 years using purposive sampling approach among mothers of malnourished under-five children within the New Police Barracks Hospital in Bo with a study population of six thousand eight hundred and thirty (6,830) according to hospital records from 2021 to 2022. **Results:** The results show that mothers of under five children – malnourished within the age range of 19-25 were in majority (with 23 respondents) as in tables 1&2. The results also show that mothers of under five children – malnourished within the marital status of married were in majority (with 26 respondents) as in tables 3&4. The results again show that mothers of under five children – malnourished within the academic status regarding illiterate were in majority (with 29 respondents) as in tables 5&6. The results moreover show that mothers of under five children – malnourished within the mothers' job status of housewife were in majority (with 29 respondents) as in tables 7&8 respectively. **Conclusion:** That mothers of under five children – malnourished within the age range of 19-25 were in majority in all variables compared to the other indicators in the study. However, it is therefore recommended that behavioural change communication, immunisation and other clinical attendances by the respondents of all age range be given due attention with respect to clinical attendance of mothers of under five children – malnourished for maximisation of nourishment of under five children by their mothers, caregivers and clinicians for a healthier life of under-fives.

Samuel Joseph Bebeley, PhD

Njala University Bo Campus School of Education,
Department of Health Education & Behavioural
Science, Sierra Leone

E-mail: sjbebeley@njala.edu.sl

Mariama Eva Foday, Joseph James Mbavai (PhD) & Esther Morlu

Njala University Bo Campus School of Education,
Department of Health Education & Behavioural
Science, Sierra Leone

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