

Conservative Management of Vertebrobasilar Insufficiency: A Systematic Review

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Abstract

Aim: To review the efficacy of the conventional treatment approaches for Conservative Management of Vertebrobasilar Insufficiency. **Method:** Extensive data mining has been done in treatment of VBI from Pub med, google scholar, research gate that includes pharmacological and physical treatment of VBI. Study selection, data extraction, and assessment of methodological quality and clinical relevance were performed independently by two reviewers. **Results:** Pedro scoring has been used to assess various studies which show the use of medical and physical treatment of VBI. **Conclusion:** This review article concludes that Conventional therapy is effective in improving signs and symptoms of Vertebrobasilar insufficiency.

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**Key Words: Dizziness, Vertigo,
Balance, Vestibular Rehabilitation**

DOI: 10.18376/jesp/2017/v13/i2/111283