

Editor's Page



An Official Publication of
Exercise Fitness and Health Alliance
www.efha-in.org

**JOURNAL OF EXERCISE SCIENCE AND
PHYSIOTHERAPY
VOLUME 4, NO. 2: 2008**

Editor-in-Chief: Prof. (Dr.) S.K. Verma

With the publication of its fourth issue the *Journal of Exercise Science & Physiotherapy* (JESP) is poised for continued growth, and there are many signs that point to a bright, vibrant future for this journal. First and foremost, we are successful in bringing biannual publication of JESP for two consecutive years since 2007 when it was converted from an annual to a biannual publication. Annual publication of JESP in the starting years 2005 and 2006 made sense as the journal sought to gain a foothold in the academic community, but interest grew tremendously over the years and in the year 2007, Exercise Fitness and Health Alliance (EFHA) decided to publish it twice a year. We had a record 35 submissions this time and some of them were turned away simply because there was not room in no. 2 issue of Volume 4, 2008 and had to be considered for Vol. 5, No. 1 issue. This has resulted in an increase in the publication time. With so many submissions we do feel like we have a strong lineup of research manuscripts for the fifth volume of the journal to be brought out in the year 2009.

The response of the researchers both from India and abroad points to its growing readership. Another heartening observation is from the reviewers who have observed receiving higher quality and quantity of manuscripts submissions. This is a great news. The present issue of JESP contains twelve research papers covering important areas of exercise science. The editor and the board are making excellent efforts to publicize the title.

As always, we say thank you to all our colleagues who reviewed papers for this edition. Thanks to everyone for your support and we look forward to a successful future for *JESP*.

Sincerely,

S.K. Verma

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