JOURNAL OF EXERCISE SCIENCE & PHYSIOTHERAPY Volume 6, No. 1, 2010 (Table of Contents)

Sr. No./UAIC	Title/Authors	Page
		nos.
110/97301102020	Editorial/Prof. S.K. Verma	-
111/97301112020	Temporal Pattern of Circadian Rhythm in	1-6
	Sportsmen/ Venugopal, R., Gupta, O. and Patel, H.	
112/97301122020	Assessment of Nutritional Status and Physical	7-21
	Fitness of Female Swimmers/ Prajakta, N.,	
	Bhawnani, N. & Sabiha, V.	
113/97301132020	Effect of One-Year Exercise Programme on	22-27
	Psychological State of Elderly People/ Mridha, S. &	
	Banerjee, A. K.	
114/97301142020	Effect of Shaktipat Meditation on Anxiety in Relation	28-33
	to the Emotional Intelligence and Age./ Singh, T.,	
	Singh, A.	
115/97301152020	Spiritual Intelligence, Altruism, School Environment	34-38
	and Academic Achievement as predictor of Mental	
	Health of Adolescents/ Singh, A., Kaur, P. Singh, T.	
116/97301162020	A Study of Personality Dimensions in Sports	39-42
	Performance/ Shrivastava, P., Reeta VenuGopal,	
	Yaushpal Singh	
117/97301172020	Relationship between Competitive Performance and	43-49
	Selected Physiological Parameters of Elite Male and	
	Female Gymnasts/ Sharma, R. K., Nigam, A. K.	
118/97301182020	A Study of Risk Factors: Comparison between	50-56
	Osteoporosis and Osteopenia in the District of	
	Patiala./ Multani, N.K. and Chahal, A.	
119/97301192020	Sports Related Dental Injury - A Case Study/ Verma,	57-59
	L.	